

# Healthy Worksite Summit Golden Apple Award

The Washington State Governor's Council on Physical Fitness, Health and Sports originally established the Golden Apple Award in the mid '80's to recognize excellence in promoting physical fitness and health. The Healthy Worksite Summit Planning Committee has continued the tradition.

The Golden Apple Award, worksite category, has been established to recognize outstanding employee health management programs. The Golden Apple Award may be presented to a community, employer, employee, community agency, or an individual for their leadership in this area.

The information below is provided to assist you in making nominations for the award:

## **Purpose of the Award**

To recognize groups and/or individuals for promotion and participation in an organized worksite physical fitness or health promotion program for employees and their families.

## **Criteria**

Golden Apple Award winners will show evidence of the following:

- Program mission statement and goals.
- Current program has been active for at least 2 years.
- The program is designed, with consideration given to the results of an employee assessment, to ensure it meets the unique needs of the employee population.
- Demonstrated commitment by management to the program.
- An evaluation process is used to improve program effectiveness.
- A demonstrated willingness to share program with other organizations.

The Awards are made by the Healthy Worksite Summit Planning Committee. Nominations may be submitted by any person or organization believing an effort deserves very special recognition. Individuals and/or organizations are welcome to nominate themselves. Winners may reapply again in five or more years.

Applications must be received by September 3, 2010. Please submit applications by email or US mail to:

Amber Talburt  
American Cancer Society, Great West Division  
2120 1st Avenue N.  
Seattle, WA 98109  
206.674.4104  
Amber.Talburt@cancer.org

# Healthy Worksite Summit Golden Apple Award Application

## Application Instructions

Submit a completed application form along with supporting documentation that illustrates how this organization has met the Golden Apple Award criteria. Additional documentation or program samples may accompany this application but may not serve as a replacement for filling out this form. 100% of the criteria must be met in order to be considered for the Golden Apple Award.

Group and/or individual being nominated:

Please classify the nominee:

- Employer
- Community agency
- Employee/Individual
- Other:

Number of eligible employees: \_\_\_\_\_

% of total employee population eligible for the program: \_\_\_\_\_

Employees located in:

Number of worksites \_\_\_\_\_

Number of cities \_\_\_\_\_

Number of states \_\_\_\_\_

Contact name or person making the nomination: \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

## Golden Apple Award Criteria Checklist

Each of these criteria must be met and documented in the application materials.

Check each completed item:

- Program has a documented mission statement and goals.
- Current program has been in place for at least 2 years.
- The program is designed, with consideration given to the results of an employee assessment, to ensure it meets the unique needs of the employee population.
- Management demonstrates a commitment to the program.
- An evaluation process is used to improve program effectiveness.
- A demonstrated willingness to share program with other organizations.

Please attach any supporting documentation you feel is pertinent to illustrate completion of each of the criteria.