Scope

AWC Retro provides Loss Prevention services to all members. At AWC we believe it is of fundamental importance to provide effective and realistic accident prevention, safety and loss control services to group members to guide and support their accident prevention and safety compliance efforts. This report provides information on safety related plans for the current year as well as an accident profile from last year. Risk Control consultations are available to all members of the group.


<table>
<thead>
<tr>
<th>Incident</th>
<th>Incidents</th>
<th>Percent of total</th>
<th>Cost</th>
<th>Percent of total</th>
<th>Per claim cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overexertion</td>
<td>310</td>
<td>17%</td>
<td>$2,431,191</td>
<td>19%</td>
<td>$7,842</td>
</tr>
<tr>
<td>Fall to/from</td>
<td>235</td>
<td>13%</td>
<td>$2,356,971</td>
<td>19%</td>
<td>$10,029</td>
</tr>
<tr>
<td>Struck by/against</td>
<td>415</td>
<td>23%</td>
<td>$1,214,740</td>
<td>10%</td>
<td>$2,927</td>
</tr>
<tr>
<td>Moving vehicles</td>
<td>80</td>
<td>4%</td>
<td>$273,460</td>
<td>2%</td>
<td>$3,418</td>
</tr>
<tr>
<td><strong>Total from all Cities</strong></td>
<td>1,825</td>
<td></td>
<td><strong>$12,170,639</strong></td>
<td></td>
<td><strong>$6,668</strong></td>
</tr>
</tbody>
</table>

Analysis of the 2008 retro year, we learn the following 3 leading “causes” of injuries would be classified as:

- **Overexertion** – Back & shoulder strains & sprains - basically this is an ergonomic issue related to materials handling such as lifting, carrying, pulling, pushing, & awkward postures.
- **Falls** - Slips, trips, & falls - common issue among employers mostly related to slippery & uneven surfaces or getting on & off equipment.
- **Struck by/against** – Many of these are related to overexertion and slips & falls.

As described above, overexertion results from a variety of activities and is the single largest cause of injury in terms of frequency and severity. The good news is that the percent of the total number of claims related to overexertion has dropped from 44% to 19%. The cost per claims has remained relatively high. Injuries of this nature tend to lead to higher losses than frequency would tend to suggest as overexertion type injuries more frequently lead to time loss on the job.

Many of the falls related injuries are associated with exiting equipment improperly. AWC is aggressively addressing this issue. Falls type injuries can also be reduced with a simple and periodic workplace inspection to regularly identify hazards and fix them.
Service provided

Provided risk control service to 18 Cities, some multiple times, for a total of 213 service events to date (as of October 2010) representing 986 hours of service.

The HCP has become well established with most Cities participating. Noise surveys have been completed and annual audiometrics provided via AWC.

The Safety Academy has been presented at statewide City functions with 8 classes delivered in 2009 at Spokane on June 23 and Bellevue on October 7. There are now 21 Certified Safety Coordinators representing 18 different Cities.

Risk control strategy

During the past 3 years the focus has been on Accident Prevention Programs (APP), Hearing Conservation Programs (HCP) and the Safety Academy with a goal of having one Certified Safety Coordinator at each participating City. Sedgwick CMS has prepared and made available a City oriented APP for those Cities needing one.

Suggest that AWC and SCMS more aggressively address falls as it is now approaching overexertion as the leading cost driver.

SCMS Risk Control will continue to work with the AWC and focus on:

- Meeting with new members to help insure compliance with new City standards;
- Consultation with members on preventive strategies, such as ergonomics, materials handling procedures and risk assessment related to personal protective equipment;
- Encourage Member’s attendance with our Safety Academy training courses;
- Give specific/small group presentation at any opportunity that may develop;
- Increase use of the ‘stickers’ designed by AWC to increase awareness of fall issues.

Goals

Certified Safety Coordinator for all member Cities
Decrease overexertion injuries by 20%
Decrease fall related injuries by 20%